

TERRACE TALK

www.tiogaterrace

Dear Tioga Terrace
Friends and Neighbors,

As we enter this festive
time of year, we at the
TTCA would like to
take this opportunity to
wish you a bountiful,
healthy and joyous
holiday!

President's Message

This Fall has included
many activities and
events, and has also
brought some big changes
in the TTCA organization.

There will be several
vacancies in the new year,
which could mean opportu-
nities to add new faces to
our team! We hope you
will consider joining in our
efforts for our community.

Nancy Sydlosky



TTCA's 12th ANNUAL



HOLIDAY DECORATING



CONTEST!

By Meredith Bocek

It's time to brighten the streets of the Terrace with Holiday Spirit. More and more homes are decorated every year, making the drive through the Terrace fun and joyful! We continue to receive rave responses from people throughout the community who enjoy the festive displays. This year, let's make the Terrace the brightest holiday community in Tioga and Broome counties!

From December 6th through December 20th, the Holiday lighting judges will be on the lookout for the most Creative Display, the Best Decorative Entryway, and the most Inspired Display.

If a spotlight shines on your house, *no worries!* It is not Santa scoping out your house! It is because the judges love your holiday lights and are looking for your street number!

Bring some joy to your family and to your neighbors! If you win, you will earn not only the admiration of your neighbors, but also a prize and recognition in the TTCA newsletter. So start now to make your house, or even your whole street, shine the brightest this year !



SANTA'S COMING in a



FIRE TRUCK !

Santa will be visiting GOOD children in the Terrace on **December 18th**, starting at 9:30 am, until he is finished. If you would like a visit from Santa, please complete and return the form below, and Santa will come to visit you!

TO: Linda Roden
3 Brookside Ave. E
Apalachin, NY 13732

RETURN FORM BY DECEMBER 6th



NAMES OF CHILDREN:

_____ **AGE:** _____

_____ **AGE:** _____

_____ **AGE:** _____

_____ **AGE:** _____

ADDRESS: _____

PHONE NO.: _____

Any questions:

call Linda Roden on 625-4198

TTCA - JANUARY 2022 VACANCIES

President - Calls and conducts our 10 meetings per year. He/she is the main point of contact for the community and provides updates on Facebook and our website regarding ongoing events as well as the "Presidents Letter" for the Newsletter and articles for Chair vacancies or other information.

Vice President - Supports the President in absence and special projects. Provides yearly treasury audit and supports other board members functions (presently supporting Tioga Blvd Parks initiative).

Treasurer - The Treasurer controls TTCA income and bill payment. Provides the yearly budget for TTCA Board review and acceptance. Provides monthly reports to Board.

Events - The Events Chairperson selects, arranges, advertises, and conducts community events. Provides newsletter articles before and after events.

Parks - The Parks Chairperson will be involved in the negotiations and follow up with the Town of Owego regarding the Tioga Blvd. Park improvements. In addition, occasional review of the condition of the Woodside Ave. Park is required.

Garage Sale - Our Garage Sale Chairperson arranges advertising and directs teams to set up and take down garage sale traffic signs. Arrange for port-a-potties and answers community questions. Provides newsletter articles before and after event.

If you are interested in one of these positions, please contact Nancy Sydlosky or attend the December 14 meeting at the Park Terrace Church for more information.

As always, thank you for your support!

TIOGA TERRACE CIVIC ASSOCIATION

Meetings are held every 2nd Tuesday of the month (except during the months of July & August), 7pm, at the Park Terrace Community Methodist Church, 30 Glann Rd., Apalachin

Halloween Decorating Contest Winners!

By Kate Chura-Lynch

Tioga Terrace had some great decorations from which to choose, but I could only choose one for each category.

It was a terrifying sight at 6 Riverview Dr. this year! What an amazing display of frightening characters. Congratulations on winning the prize for the *scariest* decorations!

Right around the corner was the *most creative* display in Tioga Terrace. The Fellows family at 19 Boland Rd. took home the award for their creativity.



ELECTION OF TTCA OFFICERS FOR 2022

At the December Association meeting, a nominating committee will present a slate of officers for next year's 2022 Executive Committee. These include the positions of President, Vice President, Secretary and Treasurer. Description of the duties of the President, Vice President and Treasurer can be seen under **"TTCA—JANUARY 2022 VACANCIES"**.

The job description for the Secretary is available on our website at www.tiogaterrace.org. If you are interested, please contact Linda Roden, Nominating Committee Chair, at 625-4198 or Nancy Sydlosky, President, at 258-0276.

**Tioga Terrace Civic Association is hosting a
Health & Fitness Seminar
January 15, 2022 from 9:30 am – 11:00 am
United Methodist Church, Glann Rd, Apalachin**

RSVP – January 8th

Jeanet Hazar 607-725-2978 or e-mail jsoccermomh@gmail.com

Whether you work out at home, in a fitness center, or haven't yet started a program, this two-part seminar will help you improve and better understand your all-around health and wellness, no matter your age, or whether you're a beginner or an experienced athlete!

The first part of the seminar will be a group educational section where you will learn:

- ~ different aspects of fitness and how they affect your body and performance,
- ~ different types of muscle and how they are used in the body,
- ~ different energy systems and how they are used,
- ~ common misconceptions about exercise,
- ~ exercise planning,
- ~ basic nutrition and tracking,
-and more!

The second part will be a hands on, private workout, where we will cover:

Your personal goals & medical restrictions,
Body composition,
How to apply what we learned in part one of the seminar for yourself,
Proper form, posture, and body mechanics, for safety and to maximize your results,
All while getting a good functional workout!

Andrew has been working in health and fitness for over 20 years! He has been a personal trainer, manager, and owner of fitness centers locally in NY, in Orlando FL, and Denver CO. He has studied Exercise Science at Cortland college, and has held three different personal trainer certifications, along with multiple continuing education classes over his years of experience.

Registration \$30.00 – Please make checks payable to Andrew Bannedum, or pay cash the day of the seminar

MEDICARE SEMINAR—Held in October

By Jeanet Hazar

In October, Jennifer Ford, an Insurance Specialist from Visions FCU, gave an informative presentation on the Medicare enrollment process. We learned that we must be cautious whenever we sign up for anything and always be wary of any mail or TV ads.

Whether you are a Visions FCU member or not, you can contact Jennifer Ford directly (607 321-0869) to discuss your insurance needs. She can explain, in detail, the several plans (A-G) from which you can choose.



If you are new to the Terrace or have a new neighbor, our welcome co-chairs would like to hear from you. Just call Linda (258-0161) or Meredith (687-3410) or send a note to the TTCA website under "Contact Us" with the name, address and phone number of our new neighbor. As part of their welcome visit, we will drop off a packet of useful information about Terrace life. Typically, after several unsuccessful attempts to visit, the packet will be left with contact information.

Tioga Terrace welcomed new residents to our community this fall. The Terrace is a very desirable location, with new residents from Alaska, Binghamton, Chenango Bridge, Owego, Las Vegas, and right here from one house to another in the Terrace. We, on the Newcomer's committee, have the best job because we love meeting all the new residents. Welcome bags were given at all homes that were visited.

- ~ Michael and Elisabeth Dean, who now reside at 3 Brown Lane
- ~ Isabel Depa and Steven Rathbun and their child, who now reside at 9 Deborah Dr.
- ~ Melissa Stark-Plunkepp and John Plunkepp and their children, who now reside at 39 Elmwood Dr.
- ~ Wendy and Jeff Wood and 2 children who now reside at 25 Azalea Dr.
- ~ Lorraine and Eric Johnson who now reside at 40 Elmwood Dr.
- ~ Gary and Elizabeth Frey who now reside at 66 Frederick Dr.
- ~ Bridgett Dean and son who now reside at 15 Hillside Dr.

Welcome also to new residents at 1 Woodside Rd. West, 55 Elmwood Dr., and 34 Oakwood Dr.

To advertise in the TTCA newsletter, which is published 4 times a year (Spring, Fall, Holiday and Winter), and goes to almost 800 households, email Diane Donahue at d2donahue@aol.com. Prices are: business card size \$20, 1/4 page \$30, 1/2 page \$50, full page \$100. Checks should be payable to Tioga Terrace Civic Assoc. and mailed to Diane Donahue at 3 Rosewood Court. Inclusion is on a come/1st served basis and as space allows. Payment must be made prior to acceptance.

TERRACE TALK NEWSLETTER

TTCA Newsletter
c/o 3 Rosewood Court
Apalachin, NY 13732

Apalachin, New York

BULK RATE

PERMIT #20

Resident Apalachin, NY 13732

TTCA Board Members

PRESIDENT	Nancy Sydlosky	258-0276	nsyd19@stny.rr.com
VICE PRESIDENT	Joe Dapolito	651-7836	coojoe78@yahoo.com
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